



Behavior Webinars
Behaviorwebinars@gmail.com

General Information

Instructor: Makenzie Danis, M.Ed, BCBA, LBA:

Title: Solo Sex Intervention

BCBA CEs: 3 Learning credits

IBAO CEs: 3 Learning credits

QABA CEs: 3 Learning credits

This course covers the importance of developing an understanding of the developmental appropriateness of self sex behavior, teaching appropriate strategies and resources for educating individuals about masturbation and hygiene, and recognizing the ethical significance of discussing masturbation and sexual health with clients. By delving into these topics, participants will gain insights into the normalcy of masturbation as a part of sexual development, acquire tools and techniques for teaching individuals about personal boundaries and hygiene practices, and appreciate the ethical responsibility of providing accurate and comprehensive information to promote informed decision-making and overall well-being. Emphasizing the elimination of stigma and fostering a supportive environment, this course aims to empower practitioners in addressing masturbation and sexual health in an ethical and inclusive manner.

Speaker Bio

Makenzie is a Board Certified Behavior Analyst dedicated to providing child-centered and innovative ABA services. Makenzie holds degrees in psychology, and child development, along with graduate degrees in both special education and ABA. She has worked in the public school system for over 8 years ensuring students have effective behavior support plans and the skills to be successful in whatever life path brings joy and fulfillment. Additionally, Makenzie Danis is a Certified Sexuality Educator through the Sexual Health Alliance. She believes firmly that all individuals, including through with disabilities, have a right to comprehensive sex education. Makenzie is also trained in Acceptance and Commitment Therapy (ACT) in both small groups and individual therapy. She is the proud owner of Danis Behavioral Solutions, which provides affirming behavioral support to individuals and families, along with progressive supervision services to future BCBA's.

Learning Objectives

- Understand what solo sex looks like across developmental milestones
- Understand when to intervene on self-stimulatory behavior and how to shape to appropriate & safe settings
- Review case studies and practice applying behavioral interventions across a variety of scenarios



Course Assignments, Activities, and Technology

| | Title |
|-----------------|------------------|
| <i>Lesson 1</i> | Introduction |
| <i>Lesson 2</i> | Video |
| <i>Lesson 3</i> | Discussion board |
| | Final Quiz |

Evaluation and Assessment

Participants must score 80% or better on all quizzes and exams. Participant also must turn in all assignments and respond to all discussion boards. Participants will have multiple opportunities to complete these activities if the first attempt is not satisfactory.

References

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- Chenoweth, L. (1997). Sexuality and people with intellectual disability (2nd edition), Lydia Fegan, Anne Rauch and Wendy McCarthy, Sydney: McLennan & Petty, 1993. The Australian Journal of Rehabilitation Counseling, 3(2), 103–104. <https://doi.org/10.1017/s1323892200001514>
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- East, L. and Orchard, T., 2013. Somebody Else's Job: Experiences of Sex Education among Health Professionals, Parents and Adolescents with Physical Disabilities in Southwestern Ontario. Sexuality and Disability, 32(3), pp.335-350. Intensive Toileting. EBIP. (n.d.). Retrieved March 18, 2022, from <https://ebip.vkcsites.org/intensive-toilet-training/>
- Ray, F., Marks, C., & Bray-Garretson, H. (2004). Challenges to treating adolescents with Asperger's syndrome who are sexually abusive. Sexual Addiction & Compulsivity, 11(4), 265–285. <https://doi.org/10.1080/10720160490900614>
- Stevenson, J. L., Harp, B., & Gernsbacher, M. A. (2011). Infantilizing autism. Disability Studies Quarterly, 31(3). <https://doi.org/10.18061/dsq.v31i3.1675>
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- Youtube. 2022. [online] Available at: <<https://youtu.be/QzuV51Hv8TA>> [Accessed 15 May 2022].



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