



Behavior Webinars
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General Information

Instructor: Dr. Katie Saint, PhD, LPC, BCBA-D, Carlos Torres, BS, Program Director

Title: Autism and Depression

BCBA CEs: 3 ethics CEUs,

IBAO CEs: 3 DEI credits

QABA CEs: 3 DEI CEU

This webinar helps to educate on how to treat depression in a way that is consistent with ABA. A variety of strategies are provided in order to implement effective, ethical treatment for adults on the spectrum. The webinar breaks down behaviors to target in a systematic way. The six principles of ACT therapy are discussed in the webinar on how to utilize them to help treat behaviors related to depression.

Speaker Bio

Katherine Saint, PhD, LPC, BCBA-D, Katherine has her doctorate in Behavior Analysis and is a Licensed Professional Counselor. Katherine presents locally and internationally on topics related to autism, mental health and behavior analysis. Katherine has a private practice focusing on mental health counseling and is the Director of Training at Fox Valley Autism Treatment Program in Appleton, WI. Katherine has designed college courses as well as published books and articles related to mental health. Katherine also teaches master level behavior analytic courses at Pepperdine University.

Carlos Torres, B.S., Carlos is a published author, coach and Behavior Treatment Therapist. He creates curriculum and designs groups to develop social skills, vocation skills, leisure skills, and relationship skills. Additionally, he coaches special needs sports teams for the Miracle League of Wisconsin. Carlos has a degree in special education. He dedicates his time to help at risk children and young adults gain skills for independence.

Learning Objectives

1. Strategies for how to help with depression in ABA consistent ways.
2. Identifying behaviors to target.
3. Identifying depression in someone with autism and their barriers.
4. Using ACT therapy with young adults.

Course Assignments, activities, and technology

	Title
<i>Lesson 1</i>	Introduction
<i>Lesson 2</i>	Video
<i>Lesson 3</i>	Activities to support learning



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Evaluation and Assessment

Participants must score 80% or better on all quizzes and exams. Participant also must turn in all assignments and respond to all discussion boards. Participants will have multiple opportunities to complete these activities if the first attempt is not satisfactory.

References

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