



## Sleep Apnea: Understanding Risks, Diagnosis, and Treatments

**Instructor:** Dr. Polina Kalmanovich, PharmD, MS Reg Science

**Title:** Sleep Apnea: Understanding Risks, Diagnosis, and Treatments

**BCBA CEs:** 1 general CEUs

**QABA CEs:** 1 general CEUs

### **Course Overview:**

This self-paced online course is designed to provide healthcare professionals, including BCBA's, with foundational knowledge on sleep apnea. Topics include risk factors, diagnosis, treatment options, and considerations for both adults and children. The course incorporates engaging activities to enhance understanding and practical application of the material.

### **Presenter/Speaker:**

Dr. Polina Kalmanovich is a highly experienced professional in regulatory science and healthcare. With a rich background in pharmaceuticals and global program management, Dr. Kalmanovich brings her expertise to this course to help participants understand the complexities of sleep apnea and its management.

### **Course Objectives:**

By the end of this course, participants will be able to:

- Define sleep apnea and its types.
- Recognize symptoms and risk factors associated with sleep apnea.
- Understand diagnostic tools and treatment options for sleep apnea.
- Analyze case studies to apply knowledge in practical scenarios.

### **Course Structure:**

Instructional Video

Duration: 1 hour

Content: Overview of sleep apnea, classifications, key diagnostic considerations, and implications of treatment options.

Summary Questions

Duration: 20 questions

Content: Multiple choice, fill-in-the-blank, and true/false questions summarizing key points.



### Case Study Activity

Duration: Fill-in-the-blank exercise

Content: Based on a real-world case study to reinforce application of knowledge.

### Quiz

Duration: 10 questions

Content: Multiple choice assessment to evaluate comprehension of course material.

### **Grading and Certification:**

Completion Requirements:

- Watch the instructional video.
- Complete all summary questions.
- Pass the quiz with a score of 80% or higher.

Certification: Participants who meet the requirements will receive 2 BCBA Learning CEUs.

### **Time Commitment:**

Total Duration: Approximately 2 hours

Instructional Video: 30 minutes

Activities: 1 hour (summary questions, case study, and quiz)

### **Technical Requirements:**

Reliable internet connection.

Access to the course platform.

Ability to view video content and complete online quizzes.

### **Support:**

Contact [support@behaviorwebinars.com](mailto:support@behaviorwebinars.com).